

Take Care! Take Charge!

FREE! PATIENT EDUCATION PROGRAM

LIVING WELL WITH YOUR RESPIRATORY DISORDER:

NUTRITION & EXERCISE

SESSION 5

**WHEN: Thursday August 9ST
1:30-3:00 P.M.**

**WHERE: Sycamore Medical Center
4th Floor Conference Room
Suite 425**

**RESERVE YOUR SEAT TODAY!
Call: 937-401-1606**

Family & Friends Welcome

**Hosted by:
Pulmonary Medicine of Dayton, Inc.**