

Take Charge! Take Care!

FREE Education *Series*

Managing Your COPD, ASTHMA, EMPHYSEMA

SESSION 1

"BREATHING TECHNIQUES"

WHEN: THURSDAY JAN 4TH
1:30-2:30 P.M.

WHERE: Sycamore Medical Center
4th Floor Conference Room
4000 Miamisburg-Centerville Road
Suite 425
Miamisburg, OH 45342

Friends and family welcome!

RESERVE YOUR SEAT TODAY

CALL (937) 401-1606

HOSTED BY

**Pulmonary Medicine of Dayton, Inc.
(937) 439-3600**